



## JIM STEWART'S HISTORICAL TONIC for FRAGILE WHITE FOLKS

The National Abolition Hall of Fame and Museum (NAHOF) is following its February *Black History Matters* series with fifteen March days of *Jim Stewart's Historical Tonic for Fragile White Folks*. Beginning March 1st Dr. James Brewer Stewart, *professor emeritus* at Macalester College MN, will address white supremacy after the Civil War. Stewart will present sixteen “mini lectures” *Historical Tonic for Fragile White Folks* that are six to fifteen minutes long in a casual talk style. Stewart sees his videos as a way to challenge the “historical amnesia” that exists about white supremacy. “Each of the videos describes wrenching developments that usually get glossed over in the history textbooks, but that’s precisely why it’s so essential to know about them,” Stewart explains. He intends to help people see this neglected history as it truly was and to own that history.

Dr. Stewart wants *Historical Tonic* to be shared far and wide for no cost. He is inviting the public to join him and videographer, Dan Rippl, in a high-impact YouTube video campaign to mobilize resistance against white supremacist perversions of American history and assaults against people of color. Stewart emphasizes that “To maximize the *TONIC* impact, it must be promoted as widely as possible.” He encourages viewers “to recommend our videos to your family, friends, and colleagues,” and he wants folks to know that he is available to collaborate on programming with church groups, civic organizations, and educational classes.

Stewart will introduce his program on Monday, March 1 and in the first week present *Where Diving Deep Takes Us*, *Black Reconstruction the Unfinished Revolution*, *White Reconstruction the Unfinished Revolution*, *Violence is as American as Apple Pie 1660-1990*, *Lynching 1880-1950* finishing with *Simple Amusements* on Sunday, March 7.

James Brewer Stewart has written extensively on the history of the American Abolitionist movement, including several books on individual abolitionists. He is the founder of *Historians Against Slavery*, and also the founder and director of the *Celebrate American Heroes Project*.

The National Abolition Hall of Fame and Museum (NAHOF) is chartered by the Board of Regents/New York State Education Department. NAHOF honors antislavery abolitionists, their work to end slavery, and the legacy of that struggle, and strives to complete the second, and ongoing abolition – the moral conviction to end racism. NAHOF is located in historic Peterboro NY in the two-hundred-year-old building in which state abolitionists held the inaugural meeting of the New York State Antislavery Society in 1835. The Gerrit Smith Estate National Historic Landmark is an Underground Railroad site just down the street.

NAHOF hopes that the public joins Jim Stewart couch side for his chats. For more information and to access daily releases of *Jim Stewart's Historical Tonic for Fragile White Folks*:

[www.nationalabolitionhalloffameandmuseum.org/events.html](http://www.nationalabolitionhalloffameandmuseum.org/events.html)

Videos will be released each day at 2 a.m.

Twitter ([@PeterboroNY](https://twitter.com/PeterboroNY))

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